

Major: PHYSICAL EDUCATION MAJOR

Student's Last Name

First Name

Middle Initial

Advisor

Date Major Declared

Course #	Title of Course	Hours	Semester Completed	Grade
Core Physical Education Courses:				
EDU 101	Introduction to Teaching	1		
EDU 221	Education Psychology	3		
EDU 230	Child and Adolescent Growth & Development	3		
EDU 231	Education of Exceptional Individuals	3		
EDU 290	Foundations of Education	3		
EDU 291	Education Practicum I	2		
EDU 385	Diversity in Education	3		
EDU 392	Reading and Writing in Content Area	3		
EDU 393	Education Practicum II	2		
EDU 453	Classroom Organization & Management	3		
EDU 490	Education Seminar	3		
EDU 492	Student Teaching 1st - 5th	12		
OR EDU 495	Student Teaching 5th - 9th	12		
OR EDU 497	Student Teaching 9th - 12th	12		
Total Core Hours		41 hrs		
Methods of Teaching Courses:				
HES/EDU	Methods in Elementary PE	3		
HES/EDU	Middle School/Secondary PE Methods Technology Integration in Methods Courses	3		
Physical Education Content Area:				
NSC 210	Anatomy and Physiology I	4		
HES 104	First Aid/CPR	1		
HES 204	Fitness and Wellness Concepts	3		
HES/EDU 207	School Health, PE & Safety in Elementary	3		
HES 215	Motor Learning	2		
HES 220	Social Science in Sport	2		
HES 232	Care & Prevention of Athletic Injuries	3		
HES 251	Intro to Nutrition	3		
HES 309	History and Philosophy of P.E.	2		
HES 321	Kinesiology	3		
HES 340	Exercise Physiology	3		
HES 350	Theories of Adapted Physical Education	3		
HES 405	Measurement & Evaluation in PE	2		
PED Axx	Fitness Activity (1 Course) <i>Options: A10 Weight Training, A12 Walk/Jog</i>	1		
PED Axx	Lifetime Activities and Dance (3 Activity Courses) <i>Options: A9 Bowling, A15 Yoga</i>	3		
PED Axx	Team and Individual Sports (3 Activity Courses) <i>Options: A19 Golf, A21 Tumbling, A37 Tennis, A44 Team Sports, A45 Individual Sports</i>	3		
PED 208	Creative Movement, & Rhythm	3		
TOTAL HOURS FOR MAJOR		91 hrs		

If any substitutions or waivers of requirements are allowed, please list below and initial.

Advisor Signature: _____ Department Chair Signature: _____