

Major: HEALTH EDUCATION K-12 MAJOR

 Student's Last Name _____ First Name _____ Middle Initial _____

Advisor _____

Date Major Declared _____

Course #	Title of Course	Hours Required	Semester Completed	Grade
EDU 101	Introduction to Teaching	1		
EDU/PSY 221	Educational Psychology	3		
EDU 230	Child and Adolescent Growth and Development	3		
EDU 231	Education of the Exceptional Child	3		
EDU 290	Foundations of Education	3		
EDU 291	Education Practicum I	2		
EDU 306	Teaching Reading	3		
EDU 385	Diversity in Education	3		
EDU 392	Reading/Writing in the Content Area	3		
EDU 393	Education Practicum II	2		
EDU 453	Classroom Organization and Management	3		
EDU 490	Education Seminar	3		
EDU 492/495/ 497	Student Teaching	12		
	Total EDU Hours	44 hrs		
HES 102	Methods of Teaching Health	3		
HES 104	First Aid/CPR	1		
HES 204	Fitness and Wellness Concepts	3		
HES 205	Stress Management	3		
HES 207	School Health, PE & Safety in Elementary	3		
HES/PSY 231	Sports Psychology	3		
HES 232	Care and Prevention of Athletic Injuries	3		
HES 251	Introduction to Nutrition	3		
HES 300	Community Health	3		
HES 321	Kinesiology	3		
HES 340	Exercise Physiology	3		
HES 350	Theories of Adapted PE	3		
	Total HES Hours	34 hrs		
NSC 210	Anatomy and Physiology I	4		
PED 206	Methods in Elementary PE	3		
PSY/WGS 301	Human Sexual Behavior	3		
	Total Other Course Hours	10 hrs		
	TOTAL HOURS FOR MAJOR	88 hrs		
<i>Optional</i>				
EDU 295	Place-Based and Service Learning: Education in the Community & the Classroom	3		

If any substitutions or waivers of requirements are allowed, please list below and initial.

Advisor Signature: _____ Department Chair Signature: _____